

# Poteet Pirate Volleyball 2019-2020 Program Information

# Poteet High School Volleyball has 3 teams

<u>Varsity</u> - Consists of the top 13-15 players in the program (regardless of age).

<u>JV</u> - Usually consists of sophomores, a few juniors and a few talented freshmen (13-15 total players).  $9^{\text{th}}$  - Consists of the top 12-14 freshmen (that do not make the JV/varsity teams).

# Can I make the high school team if I don't play Club?

Yes. We have many players in the high school program that are not involved in club volleyball. Particularly for some of our freshmen, who are often playing multiple sports, club does not fit in their schedule OR this is not their #1 sport. It is certainly not a guarantee of making a team. Team placements are determined by several days of tryouts in August.

## Can I make the team if I didn't play in middle school (or I was on the B team)?

YES!! We are looking for athletic young ladies who are willing to work hard and be coachable. Past team placement or participation has no bearing on your team placements here at the high school. We've had several girls on our 9<sup>th</sup> team who had not played the previous year in 8<sup>th</sup> grade or was on the B team.

## Do you make Cuts?

Unfortunately, because of resources (facilities and coaches) we can only keep a certain number of girls on each team, so we do usually have to make some cuts. The number of cuts varies year to year, depending on how many we have trying out, but we absolutely keep as many girls as possible.

## When are Try-outs?

Tryouts for volleyball are going to be August 1<sup>st</sup> - 2<sup>nd</sup>, they are **mandatory**. The girls will have two practices for each of those days, and teams will be placed following the second practice on the 2<sup>nd</sup>. Their season has officially begun - there will be practices/matches daily from that point out. This is different from middle school, obviously...summer is technically over for our volleyball players when we start on the 1<sup>st</sup>, so all vacations and trips need to be scheduled before this date. If you already have something planned because you were unaware of the volleyball dates, please contact me and we'll work something out.

# What does the practice/game schedule for volleyball look like?

Once school starts, we have matches on Tuesdays and Fridays. The freshman/JV/Varsity teams practice after school on Mondays and Thursdays until 6:15 and after school on Wednesdays until 5:45ish. On game days, we only work out during the class period.

#### Can you play multiple sports?

We encourage our athletes to play as many sports as they want. Most of our freshmen are still trying to figure out where their interests and talents lie, so we want them to experience as much as they can. As soon as volleyball season is over, the coaches work to ensure that there is a smooth transition into whatever the athlete's next sport is. If they don't play another sport, then they stay in volleyball off-season for the remainder of the year.

#### What about camps?

There are two summer camp opportunities offered at the high school for incoming freshmen. The 9<sup>th</sup> grade camp is July 29<sup>th</sup>-31<sup>st</sup> at the Poteet High School from 8:00 AM - 12:00 PM. This camp is run by the high school volleyball coaches and is a great chance to get a head start on skills. The Pirate Team volleyball camp is in preparation for volleyball tryouts - it is for all high school volleyball players, grades 9-12. This camp is from July 17<sup>th</sup> - 18<sup>th</sup> from 9 AM - 12 PM and 1 - 4 PM. It is run by Shellie Ouldhouse, who was an All-State/All-Star selection for Poteet, played for Div I Samford and is now the owner and coach of Knights Volleyball Club.

Camp forms, athletic paperwork, tryout schedule, season schedule, and all other information about the program can be found on our volleyball website <u>www.poteetpiratevolleyball.weebly.com</u>

Please feel free to contact me if you have any other questions. My number at school is 972-882-5381 and my email is <u>llisewsky@mesquiteisd.org</u>.

Thanks, Coach Lisa Lisewsky- Varsity Girls Volleyball Coach – Poteet High School